



Education, Arts and Sports

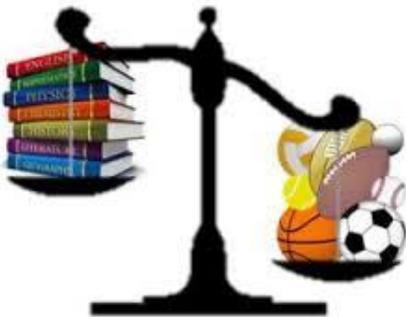
by Prof M. D. Sontakke

Food, Clothing and Shelter are the three basic requirements stipulated as necessities for living. Without these things, survival is difficult. Similar to this for being a good human being, certain things are essential. This includes- Education, physical fitness (due to sports) and last are mental fitness (due to art). The priorities given to education, art and sports in our life are equal.

Education is necessary so as to differentiate between what is good and what is bad. Education plays vital role in developing the personality. Proper and quality education is essential for getting good job and income. Education will teach ethical values in your social life.

Along with the financial stability, good health is required. This includes is physical as well as mental health .As Physical health is concerned, we are acquainted with the famous quote "HEALTH IS WEALTH ". The building of physical health is actually started at the time of your childhood. Everyone should

participate in the sports activities during our childhood so that it is useful in our later part of life. We become much cautious about our physical health in later part of our life that is after 40 years. Everyone should at least try to participate in outdoor games like cricket, football, hockey, tennis etc. throughout his/her life. Swimming and Cycling are the best examples of the games which will give you maximum exercise.



Nowadays peoples are earning lump sum amount and have good physical fitness, but they are lagging behind with mental fitness. The best solution for this is Take up a new hobby like playing musical instruments, singing, reading books, travelling, painting, trekking from your childhood. These habits will always refresh you and Learning something new gives the 'grey matter' a workout and builds positive attitude towards life as the famous

quote "THE BODY ACHIEVES, WHAT YOUR MIND BELIEVES".

Our face is mirror of our mind. If you are mentally fit then it will always be automatically reflected on your face .So by looking at you, others will also happy. According to my opinion reading books is the best mental exercise as it doesn't require power supply. It is possible to carry books anywhere. Nowadays books are also cheap.

Summarizing, it can be quoted about mental and physical fitness as, "READING IS TO THE MIND, WHAT EXERCISE IS TO THE BODY".

So highlighting the example of Steve Jobs American entrepreneur, businessman, inventor, and industrial designer. He devoted his life in making money. At the last stage of his life when he started suffering from cancer, he realized and he said in his speech that I was busy making money in my life and was not able to enjoy the naturalness in my life. I did not enjoy the life with wife, children, friends etc.

So earn the money no doubt, but first take care of yourself and your family members as well. Spent more time with your relatives, friends, and neighbors and enjoy the music in nature. Nowadays, the first priority is given for making money. Then if time permits we take care of our physical health and then

we join SSY or Art of Living courses to improve our mental fitness. Actually all the three things like education, art and sports are having equal importance.

Prevention is better than cure

By Miss G. S. Waichal

Wearing a helmet while driving or motorcycle riding can drastically lessen the chance of suffering a serious brain injury. All too often, people taking part in these activities are seriously injured because they chose not to wear a helmet.



Of the thousands of deaths that occur each year from motorcycle riding, more than 75% of fatalities and more than 85% of all bike-related injuries can be prevented if riders wear helmets. Bike helmets and motorcycle helmets can prevent life changing head injuries.

Even with statistics showing that people who wear helmets are much less likely to suffer serious head injuries, many individuals choose not to protect themselves. There are many reasons children and other bicycle riders or motorcycle riders refuse to wear helmets. Some of the most common reasons are:

- *Helmets Aren't Attractive* – Although helmets may not be the most fashionable piece of equipment, they aren't meant to look good. Bike helmets are designed to keep you from suffering from serious injury.
- *Helmets Aren't Comfortable* – In the past, helmets may not have been very comfortable to wear,

but with new lightweight materials, softer interiors, and better ventilation, helmets can be just as comfortable as any other piece of headwear.

- *I've Never Worn a Helmet* – People can go months or years without ever experiencing a serious bike accident, but even the smallest accident can result in permanent disability. Helmets are a precaution that should be taken to prevent you from suffering injury in the small chance that you are involved in a bike accident.
- *Nobody Else Wears Helmets* – Helmets only protect the people wearing them. If you want to prevent the effects of serious injury, you should wear a helmet.
- *I Don't Want People to See Me With a Helmet* – One of the biggest advantages of helmets, besides the protection they provide, is making the motorcycle rider conspicuous. People are killed every year because other vehicle driver's hit bicyclists and motorcyclists they didn't see. Helmets that are white or bright colored can make you more visible, lessening the chance of being hit by a car or truck.



If you or your loved one enjoys participating in motorcycle or bike riding, it is important that they wear a helmet. No matter how skilled a rider they may be, helmets protect the head from serious injury.

C and CPP Workshop

6,7 August 2016:13,14 August 2016

When MNCs visit college campuses, the only way out for the students to crack the technical aptitude exam and interviews is having efficient coding skills. Programming languages like C and C++ are the basic requirements of any industry and is must for all the candidates irrespective of their disciplinary. To fulfill these essentials, a Four –Days Workshop was organized in the department of ETC on C and C++ for the students of B.E., the aim of which was not to learn C theoretically but to understand the errors and get quick solutions to problem statements. Mr Sachin Karmuse working as an assistant professor in DKTE, Ichalkaranji, an expert in C, CPP, Java and Embedded C was invited as a guest lecturer.



He commenced with the basic syntaxes and gradually progressed with the common questions asked in technical rounds during recruitments. He gave various tricks, and told what kind of approach one must have while solving it. The workshop proved to be beneficial for all and was a sort of preparatory session for the upcoming companies expected to visit the college campus.



Antenna fundamentals and Design Workshop

September 2, 2016

With the aim of deviating the students towards quality education, the department of E&TC had arranged a One day workshop on "Antenna fundamentals and Design." The students of T.E. got a privilege to be the audience to Mr. Anirudh Kulkarni from Akademika, Pune— a leading educational kit manufacturing company in communication engineering.



Wireless technology is one of the main areas of research communication systems today and a study of communication systems is incomplete



without an understanding of the operation and fabrication of antennas. The field of antenna study is an extremely vast one, so, to grasp the fundamentals two pronged approach were considered. The first one focused on Antenna Basics and the second one focused on Antenna Designing and fabrication.

meet indeed was a great opportunity where parents ,faculty members and students came together and had a good interaction.

Parents' Meet

August 14,2016

In the ETC department, parents' meet was held with the main motive of conveying the parents the progress of their respective wards. The meet began with introduction to all the faculty members as well the department .The parents were told the importance of industrial training, visits, internships and were asked to motivate their children and thoroughly get them prepared for the campus. The main stress was on KPIT technologies as the the institute has MOU with the organisation and also it hires a good number.T.P.O of college, Mr.R.Heddur was invited to discuss about the prerequisites of the placement. In addition to this, the first five toppers of each class as well as ASSET coordinators were felicitated. The



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